

A female dancer in a blue leotard is performing a contemporary pose in a studio. She is leaning back, with one arm extended to the side and the other bent. Her legs are bent at the knees, and she is wearing black tights and white socks. The background shows a studio with a barre and windows.

SWINDON
DANCE

CENTRE FOR
ADVANCED TRAINING

EXETER CONTEMPORARY PROGRAMME

DANCE
NATIONAL CENTRES
FOR ADVANCED
TRAINING
CATs

ABOUT US

Swindon Dance's Centre for Advanced Training (CAT) delivers world-class dance training to young talents aged 11-16. Our programmes cater to dedicated dancers with a passion for their art.

Comprising the Exeter Contemporary, Exeter Street Dance, Swindon Ballet, Swindon Contemporary and Swindon Street Dance programmes, we are one of nine National CATs across the UK.

ABOUT THE PROGRAMME



Nestled within DanSci Studio and Exeter University, the Exeter Contemporary programme operates bi-weekly from 11am to 5pm on Sundays during term time. Under the tutelage of industry-leading choreographers and artists, students delve into skills and techniques of:

- contemporary
- ballet
- jazz
- improvisation
- choreography
- performance



Talented young dancers join us from the Southwest to embark on this transformative journey. Supported by the Music and Dance Scheme under the Department for Education, grants make our training accessible, often free or at a subsidised fee*. We're also committed to alleviating additional financial burdens, covering travel, class reimbursements outside of those offered by CAT, performance tickets, and physiotherapy sessions when necessary.

*On first entry to the CAT, applicants must be 16 or under to qualify for a grant. Photo credits: Deborah Jaffe

For prospective dancers, we strongly recommend attending our free Open Experience Day as a vital introduction to our world of dance excellence.

OPEN EXPERIENCE DAY



Step into the world of the Centre for Advanced Training (CAT) and experience the excitement of our programme first-hand. The Open Experience Day is your gateway to comprehending the extensive offerings; including the fully funded places available and the support we provide on your dance journey.

Throughout the day, you'll have the unique opportunity to meet our dedicated teaching team and participate in an enriching class. Learn about the admission process, and understand the commitment expected from CAT participants.

The event is cost-free and with classes designed at a general level for this day, it is sure to be an inclusive and enlightening experience for all.

ADMISSION WORKSHOP



At CAT, we extend a warm welcome to individuals filled with energy, dedication, undiscovered potential, and above all, an unwavering passion for dance. If successful, you'll join a community of like-minded dancers, honing your technique, nurturing your creative approach, and benefiting from the knowledge of industry leaders.

This relaxed and friendly session will involve taking part in a practical class, sharing your own short dance or learnt phrase, and an informal chat with the CAT team.

For those eager to join, the process begins by registering your interest online. A member of team will confirm your free place on the workshop, paving the way for an exciting journey into the world of dance.



**BOOK YOUR PLACE ON THE OPEN
EXPERIENCE DAY & ADMISSION
WORKSHOP**

**Swindon Dance**

Regent Circus, Swindon, SN1 1QF

Register your place:

swindondance.org.uk/cat-join-us



@swindondancecat

swindondance.org.uk/cat