

SWINDON  
DANCE



**Swindon Dance**  
Regent Circus, Swindon, SN1 1QF  
**Register your place:**  
[swindondance.org.uk/cat-join-us](http://swindondance.org.uk/cat-join-us)



@swindondancecat

[swindondance.org.uk/cat](http://swindondance.org.uk/cat)



CENTRE FOR  
ADVANCED TRAINING

SWINDON  
BALLET  
PROGRAMME

**DANCE  
CATS**  
NATIONAL CENTRES  
FOR ADVANCED  
TRAINING

# ABOUT US

Swindon Dance's Centre for Advanced Training (CAT) delivers world-class dance training to young talents aged 11-19. Our programmes cater to dedicated dancers with a passion for their art.

Comprising the Swindon Ballet, Swindon Contemporary, Swindon Street Dance, Exeter Contemporary and Exeter Street Dance programmes, we are one of nine National CATs across the UK.

## ABOUT THE PROGRAMME



Nestled within Swindon Dance, the Swindon Ballet programme runs weekly on Sunday afternoons from 11:00 to 5:00pm during term time. Under the tutelage of industry-leading choreographers and artists, students delve into skills and techniques of:

- ballet, strength + conditioning
- music appreciation
- choreography
- performance skills
- pointe (if appropriate)

Talented young dancers join us from Wiltshire, Gloucestershire, Dorset and beyond, to embark on this transformative journey.

Supported by the Music and Dance Scheme under the Department for Education, grants make our training accessible, often free or at a subsidised fee\*. We're also committed to alleviating additional financial burdens, covering travel, class reimbursements outside of those offered by CAT, performance tickets, and physiotherapy sessions when necessary.

For prospective dancers, we strongly recommend attending our free Open Experience Day as a vital introduction to our world of dance excellence.



\*On first entry to the CAT, applicants must be 16 or under to qualify for a grant. Photo credits: Deborah Jaffe

## OPEN EXPERIENCE DAY



Step into the world of the Centre for Advanced Training (CAT) and experience the excitement of our programme first-hand. The Open Experience Day is your gateway to comprehending the extensive offerings; including the fully funded places available and the support we provide on your dance journey.

Throughout the day, you'll have the unique opportunity to meet our dedicated teaching team and participate in an enriching class. Learn about the admission process, and understand the commitment expected from CAT participants.

The event is cost-free and with classes designed at a general level for this day, it is sure to be an inclusive and enlightening experience for all.

## ADMISSION WORKSHOP



At CAT, we extend a warm welcome to individuals filled with energy, dedication, undiscovered potential, and above all, an unwavering passion for dance. If successful, you'll join a community of like-minded dancers, honing your technique, nurturing your creative approach, and benefiting from the knowledge of industry leaders.

This relaxed and friendly session will involve taking part in a practical class, sharing your own short dance or learnt phrase, and an informal chat with the CAT team.

For those eager to join, the process begins by registering your interest online. A member of team will confirm your free place on the workshop, paving the way for an exciting journey into the world of dance.



**BOOK YOUR PLACE ON THE OPEN ADMISSION WORKSHOP**